

The Art Of Captaincy

Mike Brearley

The Art of Captaincy **The Art of Captaincy** **The Art of Captaincy** **On Cricket** **On Form** **Spirit of Cricket** *The Art of Captaincy* Cricketing Caesar **Cricketing Lives** **Opening Up** **On Cricket** The Ashes Retained *Thommo Speaks Out* **Herding Cats** **Sobers** *Beyond a Boundary* Silence Of The Heart *Playing With Fire* **The Coach's Coach** *In Depth* Sport Psychology How Rich Countries Got Rich ... and Why Poor Countries Stay Poor **Pataudi - Nawab Of Cricket** **Phoenix from the Ashes** *Imran Khan: The Cricketer, The Celebrity, The Politician* All That We Are **Steve Smith's Men** *Unforgiven Mind Over Batter* Hitting Against the Spin **Bob Woolmer's Art and Science of Cricket** **The Genius of Athletes** Graeme Swann: The Breaks Are Off - My Autobiography *Cricket with Kane Williamson* **Total Competition** **Turning Over the Pebbles** *The Return of the Ashes* **500-1: The Miracle of Headingley '81** **Cricketing Caesar** *That Will Be England Gone* **Boundaries**

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Herding Cats Sep 22 2021 In 1985 Mike Brearley published **The Art of Captaincy**, revealing how he steered Middlesex and England to victory with his team of first-class cricketers. He got the absolute best out of his players, inspiring Ian Botham to new heights against the Australians in 1981. Few cricketers have had a greater

impact on the amateur game than these two. Every captain would love Brearley's degree in people, as well as a hardhitting all-rounder like Botham. But theirs was a barely recognisable game from the one we play on often dishevelled grounds up and down the country with ragtag teams of ageing, deluded or hungover friends and acquaintances. Now, Charlie Campbell offers us a New Testament to Brearley's Old Testament, as he guides us through the realities of captaining an amateur team. *Herding Cats* picks its way through the minefield of an amateur's season: from the excitement and hope of pre-season nets, to the desperate scramble to gather 11 players for a frosty game on a far-flung, desolate pitch; from decoding the casual phrase 'I bat a bit', to setting a field of players who can't catch or throw; from handling the most delicate egos, to dealing with a case of the yips; from frequent moments of despair, to sudden and joyful glimpses of unexpected glory. For all those of us who recognise ourselves, our teammates, our friends and partners in the shambling joy of amateur cricket more than in the top-class international game, Campbell lights a path through a weekend world of play at the beating heart of the world's second most popular sport.

Playing With Fire May 19 2021 Nasser Hussain was acclaimed as England's best cricket captain since Mike Brearley. Under his leadership, a side more famous for its batting collapses and ability to seize defeat from the jaws of victory discovered its backbone. With coach Duncan

Fletcher he put some steel into the side; they became a difficult team to beat. Hussain wore his heart on his sleeve: railing against complacency, defying critics of his place in the batting line-up and making a principled stand at the last World Cup when the ECB seemed incapable of it. Expect passion, integrity, insight and candour in his eagerly awaited autobiography.

The Genius of Athletes Apr 05 2020 Whatever your biggest goals are in life, learning to think like an athlete is a game changer. If you ask research psychologist Noel Brick and bestselling fitness author and journalist Scott Douglas, the “dumb jock” stereotype is way out of bounds. Modern advances in sports psychology confirm what fans have known all along: No world-class athlete—whether an Olympic runner, swimmer, or cyclist, or a pro basketball, baseball, or football player—gets to the top without a strong mental game. Champion competitors have unique ways of taking stock of a situation, self-motivating, and even thinking about time. Cutting-edge discoveries (including those by Dr. Brick) reveal exactly how they do it—and how we can, too. You don’t need to be facing a literal hurdle to use elite athletes’ tool kits of strategies: They can help you stick the landing at a job interview or get your thesis to the finish line. Brick and Douglas pair groundbreaking science with a highlight reel of instructive moments from across the sports realm to show how legendary marathoner Meb Keflezighi runs on self-talk and how

making if-then plans at practice buoyed Michael Phelps to a gold medal at the Olympics. Wherever you are in your own ambitions—from the “middle muddle” to the final stretch—The Genius of Athletes will put you right in the zone.

Imran Khan: The Cricketer, The Celebrity, The Politician

Nov 12 2020 The definitive biography of Imran Khan, the former Pakistan cricket captain and all-rounder – the Oxbridge graduate and vociferous campaigner; the devout Muslim whose kaleidoscopic social life flooded the gossip columns; the man who raised \$60 million for cancer research and who is now one of the most important political figures in Pakistan.

Cricketing Lives Feb 25 2022 Cricket is defined by the characters who have played it, watched it, reported it, ruled upon it, ruined it, and rejoiced in it. Humorous and deeply affectionate, *Cricketing Lives* tells the story of the world’s greatest and most incomprehensible game through those who have shaped it, from the rustic contests of eighteenth-century England to the spectacle of the Indian Premier League. It’s about W. G. Grace and his eye for a pound; Charles Burgess Fry and his flirtation with Albania; the invincible Viv Richards; and Sarah Taylor, “the best wicketkeeper in the world . . . male or female.” Paying homage, too, to the game’s great writers, Richard Thomas steers a course through the despair of war, tactical controversies, and internecine politics to reveal how cricket has always stormed back to warm our

hearts like nothing else can.

Spirit of Cricket May 31 2022 If someone were to say 'it's not tennis', or 'not football' of shabby behaviour in any walk of life, he or she would not be understood. If they said 'it's not cricket', they probably would be (though less reliably than a century ago). Is there some special spirit of cricket? The laws of cricket, like the laws of the land, aim at a sort of justice or balancing between different factions. The purpose behind cricket's laws, and behind changes in them, is often to calibrate the balance in the game between batsmen and bowlers, between attack and defence, between safety and risk. Cricketing lawmakers are interested in the overall appeal of the game to players and spectators alike. In *Spirit of Cricket*, Mike Brearley alternates between issues and examples within the game - from 'Mankading' and the 'Sandpaper' affair to sledging, mental disintegration and racism - as well as broader issues such as the spirit and letter of the law. Brearley examines the issue of how far what purports to be justice (in law or in spirit) may or may not be the expression of the powerful within the activity or within society. He also contrasts cheating and corruption, and reflects on the nature of penalties in regard to each. He discusses the significance of the notion of the spirit of the game for umpires, groundsmen, administrators, media and spectators - and, of course, for players. Intelligent and insightful, *Spirit of Cricket* points to qualities in cricket that enhance our development as people - including a

sense of fair play, the embracing of striving both for our team and for ourselves and the important values of playfulness in life and professional sport.

How Rich Countries Got Rich ... and Why Poor Countries

Stay Poor Feb 13 2021 A maverick economist explains how protectionism makes nations rich, free trade keeps them poor---and how rich countries make sure to keep it that way. Throughout history, some combination of government intervention, protectionism, and strategic investment has driven successful development everywhere from Renaissance Italy to the modern Far East. Yet despite the demonstrable success of this approach, development economists largely ignore it and insist instead on the importance of free trade. Somehow, the thing that made rich nations rich supposedly won't work on poor countries anymore. Leading heterodox economist Erik Reinert's invigorating history of economic development shows how Western economies were founded on protectionism and state activism and only later promoted free trade, when it worked to their advantage. In the tug-of-war between the gospel of government intervention and free-market purists, the issue is not that one is more correct, but that the winning nation tends to favor whatever benefits them most. As Western countries begin to sense that the rules of the game they set were rigged, Reinert's classic book gains new urgency. His unique and edifying approach to the history of economic development is critical reading for anyone who

wants to understand how we got here and what to do next, especially now that we aren't so sure we'll be the winners anymore.

500-1: The Miracle of Headingley '81 Sep 30 2019 No season exerts a grip on the hearts of English cricket followers quite like the summer of 1981. For the first time in a generation, the whole country was transfixed by a Test series. What made it all the more remarkable was that the fortunes of the national team, not to mention those of the game in general and the country itself, seemed at rock bottom. During the course of an Ashes series that shifted from the mundane to the fantastical with breathtaking speed, the third Test at Headingley proved to be the turning-point. Amid record unemployment and the worst outbreak of civil unrest in a century, England, 500-1 against at one stage (odds taken by two members of the Australian team), achieved the most improbable sporting triumph of the 20th century, mounting a dramatic comeback to beat Australia by 18 runs. The names of Ian Botham, Bob Willis and Mike Brearley duly became forever entwined with what readers of the Observer recently voted 'Most Memorable Sporting Moment'. 500-1 recreates the match with the aid of those who were there - players, officials, groundstaff, spectators and media - while placing events in their full context, tracing a timeless tale in rich, vivid and unprecedented detail. As the thirtieth anniversary approaches, 500-1: The Miracle of Headingley has been fully updated to reflect the impact

that Test had on the game and those who watched it, at a time of struggle in both the game and society as a whole.

The Return of the Ashes Oct 31 2019

Cricket with Kane Williamson Feb 02 2020 "Black Caps captain Kane Williamson on how to play our favourite summer sport. 'I love batting. Nothing gives me a bigger buzz than taking on the best bowlers in the world. I'm a big believer in the idea that cricket is a team sport but there's that moment, just as the bowler delivers the ball, when it's a pure one-on-one contest...' Why is it important to play the ball late? How do you play a classic cover drive? What should you do to deliver a deadly in-swing? Join New Zealand batsman Kane Williamson as he talks through his approach to batting, bowling, fielding and captaincy. It pays to learn from one of the best, and Kane Williamson is fast-becoming one of New Zealand's greatest ever."

The Art of Captaincy Nov 05 2022 'The best book on captaincy, written by an expert' - Mike Atherton Mike Brearley is one of the most successful cricket captains of all time, and, in 1981, he captained the England team to the momentous Ashes series victory against Australia. In *The Art of Captaincy*, his study on leadership and motivation, he draws directly on his experience of managing a team, which included a pugnacious Ian Botham and Geoffrey Boycott, to explain what it takes to be a leader on and off the field. Giving an insight into both his tactical understanding of the game, as well as

how to get a group of individuals playing as a team in order to get the best out of them, *The Art of Captaincy* is a classic handbook on how to generate, nurture and inspire success. With a foreword by former England player and BBC commentator Ed Smith, to celebrate the thirtieth anniversary of its first publication, and an afterword by director Sam Mendes, *The Art of Captaincy* remains urgently relevant for cricket fans and business leaders alike. Covering the ability to use intuition, resourcefulness, clear-headedness and the importance of empathy as a means of achieving shared goals, Brearley's seminal account of captaincy is both the ultimate blueprint for creating a winning mind set, but also shows how the lessons in the sporting arena can be applied to any walk of personal and professional life.

The Coach's Coach Apr 17 2021 Professional coaches and trainers, specialist consultants and coaching managers, and HR professionals.

The Art of Captaincy Sep 03 2022 Mike Brearley is one of the most successful cricket captains of all time, and, in 1981, he captained the England team to the momentous Ashes series victory against Australia. In *The Art of Captaincy*, his treatise on leadership and motivation, he draws directly on his experience of man-managing a team, which included a pugnacious Ian Botham and Geoffrey Boycott, to explain what it takes to be a leader on and off the field. Giving an insight into both his tactical understanding of the game, as well as how to get a group

of individuals playing as a team in order to get the best out of them, *The Art of Captaincy* is a classic handbook on how to generate, nurture and inspire success. With a new introduction by former England player and BBC commentator Ed Smith, to celebrate the thirtieth anniversary of its first publication, *The Art of Captaincy* remains urgently relevant for cricket fans and business leaders alike. Covering the ability to use intuition, resourcefulness, clear-headedness and the importance of empathy as a means of achieving shared goals, Brearley's seminal account of captaincy is both the ultimate blueprint for creating a winning mind set, but also shows how the lessons in the sporting arena can be applied to any walk of personal and professional life.

On Cricket Dec 26 2021 'A treasure of recollections and reactions, talking heroes, controversies and big themes' i paper 'Brearley is at his best in these quirky, delightful essays when he is exploring the human qualities of humbler players . . . Brearley's admiration for his friends' decency, craftsmanship and modesty seems to recall a golden age of country cricket' The Times 'Brearley has a knack for paying respect to the past without denigrating the present and for calmly considering the future' Mail on Sunday Mike Brearley was arguably one of England's finest cricket captains; not just for his outstanding record leading his country but also for the way he orchestrated, during the 1981 Ashes series, one of the most extraordinary reversals in sporting history. In this

collection of sparkling essays, Brearley reflects on the game he has come to know so well. He ranges from the personal - the influence of his Yorkshire father and the idols of his youth - to controversial aspects of the professional game, including cheating, corruption, and innovation, the latter often being on a borderline between genius and rebellion. Brearley also evaluates his heroes (amongst them Viv Richards, Bishan Bedi and Dennis Lillee), the game changers, the outstanding wicketkeepers, the 'Indian-ness' of four generations of Indian batsmen and the important commentators (including Harold Pinter, John Arlott and Ian Chappell). The Ashes, the most sustained love-hate relationship in the history of sport and key to Brearley's test-playing career, are raked over. Central to the book is an important section on race and cricket, and the legacy of C. L. R. James. Insightful and humorous, *On Cricket* is an intelligent exposition of the game's idiosyncratic culture and its enduring appeal.

Total Competition Jan 03 2020 *Total Competition* is the most compelling, comprehensive and revealing insight into what it takes to get to the top in Formula One that has ever been published. Across four decades, Ross Brawn was one of the most innovative and successful technical directors and then team principals in Formula One. Leading Benetton, Ferrari, Honda, Brawn and Mercedes, he worked with drivers such as Michael Schumacher, Jenson Button and Lewis Hamilton to make them world

champions. In 2017, he was appointed F1's managing director, motor sports, by the sport's new owners Liberty Media. Now, in this fascinating book written with Adam Parr (who was CEO and then chairman of Williams for five years), he looks back over his career and methods to assess how he did it, and where occasionally he got things wrong. Total Competition is a definitive portrait of modern motorsport. In the book, Brawn and Parr explore the unique pressures of Formula One, their battles with Bernie Ecclestone, and the cut-throat world they inhabited, where coming second is never good enough. This book will appeal not only to the millions of Formula One fans who want to understand how Brawn operates, it will also provide many lessons in how to achieve your own business goals. 'A must-have insight into the awe-inspiring career of a true motor racing great' Daily Express

The Art of Captaincy Oct 04 2022 'The man-management skills demonstrated by Brearley's handling of Ian Botham remain an inspiration' Nasser Hussain 'A subtle, wise book' Ed Smith 'The Art of Captaincy was, and is, an outstanding book. I would add only three words which I always bear in mind. Keep it simple' Richie Beneau In 1981, Mike Brearley captained England to a momentous Ashes series victory over Australia, an achievement widely regarded as one of the greatest feats in the history of English cricket. In so doing, he cemented his place as one of the most successful cricket captains of

all time. In *The Art of Captaincy*, his treatise on leadership and motivation, Brearley draws directly on his experience of man-managing a team which included a pugnacious Ian Botham and Geoffrey Boycott. He explains what it takes to be a leader on and off the field, offers insight into his tactical understanding of the game, and shows how to get a group of individuals to work as a team. *The Art of Captaincy* is a classic handbook on how to generate, nurture and inspire success. With a new introduction by former England player and BBC commentator Ed Smith to celebrate the thirtieth anniversary of its first publication, *The Art of Captaincy* remains indispensable for cricket fans and business leaders alike. Covering intuition, resourcefulness, clear-headedness and the importance of empathy as a means of achieving shared goals, Brearley's seminal account of captaincy is the ultimate blueprint for creating a winning mind set, and shows how lessons learned in the sporting arena can be applied to any walk of personal and professional life.

Steve Smith's Men Sep 10 2020 He was top of the world, with numbers bettered only by Don Bradman – then captain Steve Smith led his Australian team into a cheating scandal that stunned cricket. Media exploded and million-dollar contracts were torn up. Australia's prime minister expressed the public anger and disappointment: 'Our cricketers are role models, and cricket is synonymous with fair play.' But there was more to the

story than the actions of a few young men. A tangle of personality, politics and culture had led them to this point. Geoff Lemon witnessed that story from commentary boxes and press conferences, and was there in South Africa for its final act. This is a frank, fearless and often humorous account of the path from Ashes high to Cape Town low, from someone who watched it all unfold.

Phoenix from the Ashes Dec 14 2020

All That We Are Oct 12 2020

Opening Up Jan 27 2022 Mike Atherton is the most articulate and perceptive captain of English cricket since Mike Brearley. He was also one of the most determined batsmen of the nineties, and as an opener, a vital component of the England team. Atherton has played professional cricket for Lancashire and England for 15 years, despite a serious back complaint. He represented England in 115 Test matches and captained his country on a record 54 occasions. His recovery from a difficult situation in 1995 (when he was accused of ball tampering during the first Test match against South Africa at Lord's) proved a tough hurdle, yet one that would strengthen his resolve. His autobiography contains many serious observations about world cricket, as well as humorous asides and perceptive insights into the game. A born writer, this is Atherton in his own words.

Beyond a Boundary Jul 21 2021 In C. L. R. James's classic *Beyond a Boundary*, the sport is cricket and the scene is the colonial West Indies. Always eloquent and

provocative, James--the "black Plato," (as coined by the London Times)--shows us how, in the rituals of performance and conflict on the field, we are watching not just prowess but politics and psychology at play. Part memoir of a boyhood in a black colony (by one of the founding fathers of African nationalism), part passionate celebration of an unusual and unexpected game, *Beyond a Boundary* raises, in a warm and witty voice, serious questions about race, class, politics, and the facts of colonial oppression. Originally published in England in 1963 and in the United States twenty years later (Pantheon, 1983), this second American edition brings back into print this prophetic statement on race and sport in society.

Unforgiven Aug 10 2020 In the early 80s, 20 West Indian cricketers were paid more than \$100,000 each to take part in rebel tours of apartheid South Africa. When they returned home to the Caribbean they were banned for life and shunned by their countrymen. Some turned to drugs, some to God, while others found themselves begging on the streets. This is their untold story.

Sobers Aug 22 2021

Pataudi - Nawab Of Cricket Jan 15 2021 A brilliant anthology of essays on Mansur Ali Khan Pataudi n Pataudi: Nawab of Cricket, players, writers, editors, actors, friends and opponents reminisce about their association with Mansur Ali Khan Pataudi, one of India's greatest cricketing heroes, highlighting various aspects of

the gentleman-cricketer, from his days as an exciting new talent at school and Oxford to his ascendancy as an iconic figure of Indian sport. Including an intimate Foreword by Sharmila Tagore, this extraordinary anthology - brilliantly put together by Suresh Menon, arguably India's best sports writer and journalist - offers a fascinating portrait of a cricketer and a gentleman whose contribution to Indian cricket went beyond the number of Tests he played and the runs he scored.

The Ashes Retained Nov 24 2021

Thommo Speaks Out Oct 24 2021 Thommo was feared by batsmen all around the world. Sri Lankan Sunil Wettimuny recalls facing one of Thommo's balls: ""Never before or since that day did I know fear on the cricket field."" Mike Brearley, the Middlesex captain who led England during the World Series Cricket incursion, said of Thommo: ""Broken marriages, conflicts of loyalty, the problems of everyday life fall away as one faces up to Thomson."" This is Jeff Thomson's story, from the cricket fields of his Sydney schoolboy days to the international matches and beyond, as told to Ashley Mallet by Thommo, his former team mates, and his opponents. Thommo's legendary partnership with Dennis Lillee, a combination known as Lillian Thomson, was one of the most lethal in the history of cricket. As the caption to Paul Rigby's famous cartoon said: ""Ashes to ashes, dust to dust if Thommo don't get ya, Lillee must.""

Cricketing Caesar Aug 29 2019 Mike Brearley was one

of England's greatest captains, thrice winning the Ashes, including the memorable series of 1981. He also led Middlesex to four county championships and two Gillette Cup wins. In this first-ever biography of Brearley, Mark Peel assesses the many facets of his complex personality to explain his phenomenal success as a leader.

In Depth Sport Psychology Mar 17 2021 *In Depth Sport Psychology: Reclaiming the Lost Soul of the Athlete* is a unique exploration of the vital archetypal elements and themes that emerge when considering elite sport psychology through a depth psychological lens. It provides athletes, young people, coaches and clinicians with ways to harness the self, placing athletes on a path towards personal growth and sporting excellence by reconnecting their spirit to their sport. Burston's multidisciplinary and inclusive approach details the importance of spirituality and other unmeasurable factors, such as emotional recovery, when investigating sporting potential. Incorporating research from classic mythology and the Greek sports academies, he traces sport back to humanity's animalistic and traumatic origins, explores the rise of the Olympic movement, and compares archetypal identities that are shared with athletes today. Relating this to today's financially driven and technological sporting climate, he considers the roots of play, examines the difference in the psyche of team sports and individual players, discusses the crucial, clinical welfare of young people, and dedicates a section to sportswomen. *In Depth*

Sport Psychology emphasises how awakening an athlete's unconscious spirit can positively improve their performance, and offers an applicable methodology for athletes and teachers to use to better understand themselves and achieve brilliance. Uniquely exploring the connection between Jungian depth psychology and sports, the accessible tone of *In Depth Sport Psychology* will be key reading for analytical and depth psychologists in practice and in training, sports psychologists and other professionals working with athletes. It will also appeal to athletes and sportspeople interested in exploring a new perspective on sporting excellence.

Mind Over Batter Jul 09 2020 '[An] honest and courageous book' Mike Brearley 'Engrossing...it looks back and thinks ahead, jumps between wit and woe' Lawrence Booth, Mail on Sunday Following the critical and commercial success of *Absolutely Foxed*, Graeme Fowler returns with a stunning new book that takes the reader inside the mental side of cricket. Few sports can be played as much in the mind as cricket. When bowlers are hurling the ball down at your head at 90 mph, or fielders are crowded round the bat waiting to snap up an edge, only the most resilient can thrive. In *Mind Over Batter*, former Test batsman, commentator and coach Fowler looks into all facets of the game to assess the mental aspect of cricket. What is mental strength? And how can you improve it, or why do some people suddenly lose it? Can the environment in a dressing room have any impact

on both mental strength and mental health? When a game builds up to a dramatic climax - how do you train yourself to cope? Can pressure really lead to catastrophic decision-making and even lead players to bend the rules? Told with his familiar mix of brilliant insight, hilarious anecdotes and moving personal experience of his own mental demons, Fowler delivers a superb portrait of the game. *Mind Over Batter* will not only shed light on the top echelons of cricket, but it will also provide the reader with many useful ideas on how they can improve their own game and performance - in cricket or in other walks of life. Finally, having resisted for many years despite his own mental health issues, Fowler decides to take a closer look inside his own mind and for the first time undergoes therapy to see if he can work out what makes him tick. What he discovered surprised even him.

Graeme Swann: The Breaks Are Off - My Autobiography

Mar 05 2020 Graeme Swann's transformation from international outsider to England's primary match-winner and undisputed best spin bowler in the world has been remarkably rapid. Within two years of his 2008 Test debut, he had become his country's most reliable bowler, made the shortlist for the ICC's cricketer of the year award and claimed an Ashes-sealing wicket. Yet the script took many twists and turns along the way. Drafted into the squad for the full tour of South Africa in 1999-2000. Swann's meteoric received a jolt. While some liked the cut of his jib, others did not and England coach Duncan

Fletcher already had a foot in the latter camp when Swann missed the bus for the first of two times on that tour. Suddenly he was judged on temperament and not talent. Although Swann candidly concedes he was nowhere near good enough for the top level at that stage in his career, his jettisoning back to county cricket for the next seven years, following a solitary one-day international, hinted at a career wasted. A clash with then Northamptonshire coach Kepler Wessels triggered his move to Nottinghamshire in 2005. A County Championship winner in his debut season, he was back in the England fold at the end of his third. Forever a flamboyant showman, he made up for lost time with two wickets in his first over against India - his habit of striking in his opening over a spell has become a party piece. You cannot keep the spotlight off him for long. Since moving into the top 10 of the world rankings for bowlers on the back of eight wickets in the Ashes-defining Oval Test of 2009, he has not dropped outside it, and has been widely tipped to be the decisive factor in the defence of the urn in Australia.

Hitting Against the Spin Jun 07 2020 'Fascinating and insightful . . . lifts the curtain to reveal the inner workings of international cricket. A must-read for any cricketer, coach or fan' Eoin Morgan 'This path-breaking book should be compulsory reading for commentators and captains - and all cricket fans' Mervyn King 'Clever and original but also wise' Ed Smith How valuable is winning

the toss? And how should captains use it to their advantage? Why does a cricket ball swing? Why don't Indians bat left-handed? What is a good length and why? Why are leg-spinners so successful in T20 cricket? Why did England win the World Cup? Why do all Test bowlers bowl at either 55 or 85mph? Why don't they pitch it up? All cricketers long to know the answer to these questions and many more. Only fifteen years ago it would have been difficult to answer them - cricket was guided only by decades-old tradition and received wisdom. Data has changed everything. Today we can track every ball to within millimetres; its release point, speed and bounce point are measured as are how much the ball swings, how much it deviates off the pitch, the exact height and line that it passes the stumps, and multiple other variables. *Hitting Against the Spin* is the story of that data, and what it can tell us about how cricket really works. Leading cricket thinkers Nathan Leamon and Ben Jones lift the lid on international cricket and explain its hidden workings and dynamics - the forces that shape cricket and, in turn, the cricketers who play it. They analyse the unseen hands that determine which players succeed and which fail, which tactics work and which don't, which teams win and which lose. They also explore the new world of franchise cricket as well as the rapid evolution of the T20 format. Revolutionary in its insights, *Hitting Against the Spin* takes you on a fascinating whistle-stop tour of modern cricket and sports analytics, bringing cricket firmly into

the twenty-first century by revealing its long-kept secrets. This is the most important cricket book in decades.

Cricketing Caesar Mar 29 2022 Mike Brearley was one of England's greatest captains, thrice winning the Ashes, including the memorable series of 1981. He also led Middlesex to four county championships and two Gillette Cup wins. In this first-ever biography of Brearley, Mark Peel assesses the many facets of his complex personality to explain his phenomenal success as a leader.

Boundaries Jun 27 2019

Silence Of The Heart Jun 19 2021 Cricket has an alarming suicide rate. Among international players for England and several other countries it is far above the national average for all sports: and there have been numerous instances at other levels of the game. For thirty years, celebrated cricket author David Frith has collected data on this sad subject. *Silence of the Heart* is his compelling account of over a hundred cricketers - involving top names from the past hundred years - who have taken their own lives, with an explanation of factors that led to their premature deaths. Can the shocking rate of self-destruction among cricketers be reduced? Can those who run the game do something to save its participants from this dreadful fate? These are among the questions addressed within this catalogue of biographies. But the key question is whether cricket itself is to blame for its losses - or is that this summer game attracts people of a melancholic and over-sensitive nature? Stoddart,

Shrewsbury, Gimblett, Bairstow, Trott, Iverson, Robertson-Glasgow, Barnes . . . There remains a sense of disbelief that these high-profile cricketers killed themselves. And many more cases are examined in this extraordinary book, which comes crammed with detail, is not devoid of humour, and must rank among the most intricately researched volumes in cricket's extensive library. With a foreword by former England captain Mike Brearley, now a psychotherapist, *Silence of the Heart* is a startling investigative narrative covering the phenomenon of cricket's unduly high level of suicide.

On Cricket Aug 02 2022 Mike Brearley was arguably one of England's finest cricket captains; not just for his outstanding record leading his country but also for the way he orchestrated, during the 1981 Ashes series, one of the most extraordinary reversals in sporting history. In this collection of sparkling essays, Brearley reflects on the game he has come to know so well. He ranges from the personal - the influence of his Yorkshire father and the idols of his youth - to controversial aspects of the professional game, including cheating, corruption, and innovation, the latter often being on a borderline between genius and rebellion. Brearley also evaluates his heroes (amongst them Viv Richards, Bishan Bedi and Dennis Lillee), the game changers, the outstanding wicketkeepers, the 'Indian-ness' of four generations of Indian batsmen and the important commentators (including Harold Pinter, John Arlott and Ian Chappell).

The Ashes, the most sustained love-hate relationship in the history of sport and key to Brearley's test-playing career, are raked over. Central to the book is an important section on race and cricket, and the legacy of C. L. R. James. Insightful and humorous, *On Cricket* is an intelligent exposition of the game's idiosyncratic culture and its enduring appeal.

Bob Woolmer's Art and Science of Cricket May 07

2020 This trail-blazing book is likely to become the definitive manual on playing and coaching cricket. It represents the first time that a cricket coach and a sports scientist (both world experts in their field) have combined their experience, insights and wisdom to create what is probably the most comprehensive and complete book on playing and coaching cricket anywhere in the world.

Unlike many other coaching manuals, this book does not simply supply technical 'recipes' for batting, bowling and fielding (although these are thoroughly covered). The goal is to develop true 'all-rounder' players who show not only technical but mental strength, and who are as physically fit and injury-resistant as possible. The mental, scientific, biomechanical and medical aspects of the game are discussed in detail. Although scientifically and technically thorough, the book is written in a lively style; there are summaries, explanatory illustrations (photographs and diagrams), anecdotes and handy tips from some of the game's greatest players and characters.

The Art of Captaincy Apr 29 2022 Mike Brearley

considers the role of captain both on the cricket field, and more broadly, applying the principles of sport captaincy to more general leadership debates. He was one of the first sportsmen to make the link between success in sport and in other areas of our work and personal lives.

Turning Over the Pebbles Dec 02 2019

On Form Jul 01 2022 THE TIMES BOOK OF THE YEAR DAILY TELEGRAPH SPORTS BOOKS OF THE YEAR LONGLISTED FOR THE WILLIAM HILL SPORTS BOOK OF THE YEAR 2017 What is being on form? How does it relate to feeling 'in the zone'? Are these states in the lap of the gods, a matter of which side of the bed we got out of that morning? Or is there anything we can do to make their arrival more likely? In this fascinating book, former England cricket captain and psychoanalyst Mike Brearley draws on his own experiences, both on and off the field, and examines many of the elements of being in and out of form across a number of different disciplines - not only in cricket and psychoanalysis but also in finance, music, philosophy, medicine, teaching, tree surgery and drama. Perceptive and engaging, *On Form* is an exploration of the benefits and risks of being on form and can help us all reflect on the range of conditions that block or liberate us., ,

That Will Be England Gone Jul 29 2019 'For those who fear the worst for the sport they love, this is like cool, clear water for a man dying of thirst. It's barnstorming, coruscating stuff, and as fine a book about the game as

you'll read for years' Mail on Sunday 'Charming . . . a threnody for a vanished and possibly mythical England' Sebastian Faulks, Sunday Times 'Lyrical . . .

[Henderson's] pen is filled with the romantic spirit of the great Neville Cardus . . . This book is an extended love letter, a beautifully written one, to a world that he is desperate to keep alive for others to discover and share. Not just his love of cricket, either, but of poetry and classical music and fine cinema' The Times 'To those who love both cricket and the context in which it is played, the book is rather wonderful, and moving' Daily Telegraph 'Philip Larkin's line 'that will be England gone' is the premise of this fascinating book which is about music, literature, poetry and architecture as well as cricket. Henderson is that rare bird, a reporter with a fine grasp of time and place, but also a stylist of enviable quality and perception' Michael Parkinson Neville Cardus once said there could be no summer in England without cricket. The 2019 season was supposed to be the greatest summer of cricket ever seen in England. There was a World Cup, followed by five Test matches against Australia in the latest engagement of sport's oldest rivalry. It was also the last season of county cricket before the introduction in 2020 of a new tournament, The Hundred, designed to attract an audience of younger people who have no interest in the summer game. In *That Will Be England Gone*, Michael Henderson revisits much-loved places to see how the game he grew up with has changed since the

day in 1965 that he saw the great fast bowler Fred Trueman in his pomp. He watches schoolboys at Repton, club cricketers at Ramsbottom, and professionals on the festival grounds of Chesterfield, Cheltenham and Scarborough. The rolling English road takes him to Leicester for T20, to Lord's for the most ceremonial Test match, and to Taunton to watch an old cricketer leave the crease for the last time. He is enchanted at Trent Bridge, surprised at the Oval, and troubled at Old Trafford. 'Cricket,' Henderson says, 'has always been part of my other life.' There are memories of friendships with Ken Dodd, Harold Pinter and Simon Rattle, and the book is coloured throughout by a love of landscape, poetry, paintings and music. As well as reflections on his childhood hero, Farokh Engineer, and other great players, there are digressions on subjects as various as Lancashire comedians, Viennese melancholy and the films of Michael Powell. Lyrical and elegiac, *That Will Be England Gone* is a deeply personal tribute to cricket, summer and England.